



Scalford C of E Primary School

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Headteacher:
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Dear Parents/Carers

Thank you to everyone who has sent in their comments in relation to the 'giving of sweets' to celebrate birthdays. I received 29 replies in total. There have been lots of suggestions, but the overall consensus is split 3 ways between: a) continue to give treats, b) stopping altogether, c) continuing but not giving sugary sweets.

The main points raised by parents/carers views:

'That all pupils at school, including those with food intolerances and allergies are included'.

'Sugary snacks such as Haribos should be avoided'.

Taking into consideration everyone's comments, and mindful that we promote healthy eating, I would like to make the following suggestions.

- As a general rule, we avoid high sugary sweets such as Haribos, lollipops etc.
- Any treats (ie small chocolate/biscuit/cake) which the children wish to share on their birthdays are put away in book bags and not eaten before seeking permission from parents/carers.
- Birthday treats need only be small, as many of you suggest, it is the giving and celebration of a special occasion, not the size of the gift.
- Also consider alternative treats such as balloons/pencils etc.
- Parents/carers of children with food intolerance/allergies let the office know, via a letter/email, who will in turn inform staff.

I fully appreciate this is not a perfect solution and there will be some parents/carers who are disappointed, as a number would like the practice of giving treats to stop altogether, but I hope you will understand that I have tried my best, by listening to you all, to find a middle ground for you all.

Kind Regards

Marie Waring
Headteacher