



Scalford C of E Primary School

Sun Safe Policy 2015

Please also read our Safeguarding Policy

Headteacher Signature:

A rectangular box containing a handwritten signature in black ink. The signature appears to be 'M. A. Wainwright'.

Date: 17th February 2015

Approved By Governors:

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Chair of Governors Signature:

Date: 24th February 2015

To be reviewed: February 2017

SAFE SUN POLICY

AIMS:

- To present information to parents and children about enjoying the sun safely.
- To encourage children to take responsibility for their own safety based on a clear knowledge and understanding of the dangers of exposure to the sun.
- To incorporate the knowledge of sun care in to other curriculum areas and discussion opportunities
- To make children aware of areas within our school environment which provide shade.
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- To make children aware of the potential dangers of the sun and how to protect themselves from these when in other settings away from school, e.g. school visits and residential visits.

INTRODUCTION

Sunshine makes the world a pleasant place to live, has a positive effect on how we feel and makes us want to be outside enjoying the sunny weather. We must also recognise, however, that U.V. rays from the sun can be harmful, particularly to children's young skin and eyes. The heat from the sun can also cause dehydration and sunstroke.

GUIDANCE

To prevent harm:

- Wear suitable clothes which cover vulnerable areas of the skin, particularly back, shoulders and neck.
- Wear hats which cover the head and neck [these can be brought to school to wear at playtimes and at dinner time and during PE sessions.]
- Parents should apply high protection sun cream, preferably no lower than SPF25 before school. This will last all day as long as the child does not wash it off.
Staff must not apply sun cream to the children
- In the event of the child being on a residential visit parents should teach children to apply sun cream themselves and staff will remind them to do this during the period of the visit.
- Children should drink plenty of water. They can bring bottles of water in to school to keep by their tables and water is of course always available at school. Children must not bring in juice or squash to drink at any time other than lunch time

- When the weather is very hot teachers will take regular short breaks throughout the day rather than keep the children outside for the whole of dinner or playtime if there is no shade
- Children are encouraged to sit and play in the shade when it is very hot. If this is not possible then a member of support staff should stay in the classroom so that children can also stay inside if they prefer.
- Teachers should take care not to keep children outside for prolonged periods during PE lessons when the sun is very hot. Lessons may be shortened or combined with periods in the hall.